

# Lunch Menu

Sept 2015

The suggested contributions for guests over 60 years or disabled is \$2.50.

Others will be charged \$4.00

Contributions above the suggested donation are always appreciated.

The Gilbert & Chandler Senior Centers along with Chandler Christian Community Center, would like to thank The United Way, The Town of Gilbert, The City of Chandler, and Area Agency on Aging for their continued donations to our Meal Program.

Menus are  
SUBJECT TO CHANGE.

Lunch is served from  
11:15am-1:00 pm M-F



		TUE 1 Vegetable Lasagna Bean Salad Spinach OR Soup & Salad Apricots & Almonds	WED 2 Beef Hot Dog Baked Sweet Potato Spinach OR Soup & Salad Honeydew w/ Yogurt	THUR 3 Orange Pork Normandy Veggie Bok Choy OR Soup & Salad Cantaloupe Gelatin	FRI 4 Citrus Chicken Tom&Peppers Rice Malibu Blend OR Soup & Salad Apple
MON 7 <b>CLOSED</b>	TUE 8 Turkey Sandwich Tropical Slaw V-8 Juice OR Soup & Salad Strawberries & Pine	WED 9 Baked Chicken Mexican Veg Mix Cape Cod OR Soup & Salad Peaches	THUR 10 Jambalaya Collard Greens Broccoli OR Soup & Salad Mango w/ Raisins	FRI 11 Pork Loin Roasted Potatoes Fried Cabbage OR Soup & Salad HoneyThymePeach	
MON 14 Baked Cod Lemon Carrots Augratin Potatoes OR Soup & Salad Mandarin Orange	TUE 15 Country Fried Steak Sweet Potato Mash Green Beans OR Soup & Salad Mangos w/ Yogurt	WED 16 Turkey Burger Bermuda Blend Italian Coleslaw OR Soup & Salad Cranberry Juice	THUR 17 Chicken Parmesan Zucchini Cauliflower OR Soup & Salad Apricots	FRI 18 Roast Beef Sub Bean Salad Kale Salad OR Soup & Salad Orange	
MON 21 Mac & Cheese Spinach & Onions Stewed Tomatoes OR Soup & Salad Honeydew	TUE 22 Sweet&Sour Chk Oriental Blend Egg Roll OR Soup & Salad Pineapple	WED 23 Ribette Sweet Potato Mash Peas & Carrots OR Soup & Salad Mandarin Yogurt	THUR 24 Beef Fajitas Rancho Blend Red Pep. & Onions OR Soup & Salad Cantaloupe	FRI 25 Turkey&Swiss Sand Beet&Chickpea Sal. Carrot Raisin OR Soup & Salad Pears	
MON 28 Turkey Loaf Baked Potato Baby Carrots OR Soup & Salad Apples	TUE 29 Hungarian Goulash Mashed Potatoes California Blend OR Soup & Salad Tropical Fruit	WED 30 Lentils w/ Onions Broccoli Green Beans & Tom OR Soup & Salad Strawberries	<p>If you have any questions please let us know.</p> <p>Amanda/Activities 480-503-6059</p> <p>Brianna/Outreach 480-503-6061</p> <p>Pat/Home Delivered Meals 480-503-6058</p>		